### Original Research Article

### Why Do Women Have More Children Than They Want? Understanding Differences in Women's Ideal and Actual Family Size in a Natural Fertility Population

LISA MCALLISTER,<sup>1\*</sup> MICHAEL GURVEN,<sup>1</sup> HILLARD KAPLAN,<sup>2</sup> AND JONATHAN STIEGLITZ<sup>2</sup> <sup>1</sup>Department of Anthropology, Integrative Anthropological Sciences Program, University of California-Santa Barbara, Santa Barbara, California 93106

<sup>2</sup>Department of Anthropology, University of New Mexico, Albuquerque, New Mexico 87131

**Objectives:** We develop and test a conceptual model of factors influencing women's ideal family size (IFS) in a natural fertility population, the Tsimane of Bolivia. The model posits affects of socioecology, reproductive history, maternal condition, and men's IFS. We test three hypotheses for why women may exceed their IFS despite experiencing socioeconomic development:  $(H_1)$  limited autonomy;  $(H_2)$  improved maternal condition; and  $(H_3)$  low returns on investments in embodied capital.

**Methods:** Women's reproductive histories and prospective fertility data were collected from 2002 to 2008 (n = 305 women). Semistructured interviews were conducted with Tsimane women to study the perceived value of parental investment (n = 76). Multiple regression, *t*-tests, and analysis of variance (ANOVA) are used to test model predictions.

**Results:** Women's IFS is predicted by their socioecology, reproductive history, maternal condition, and husband's IFS. Hypotheses 2 and 3 are supported. Couples residing near town have smaller IFS (women =  $3.75 \pm 1.64$ ; men =  $3.87 \pm 2.64$ ) and less variance in IFS. However, the degree fertility exceeds IFS is inversely correlated with distance to town (Partial r = -0.189, df = 156, P = 0.018). Women living near town have greater maternal condition but 64% value traditional skills over formal schooling and 88% believe living in town is unfeasible.

**Conclusions:** While reduced IFS is evident with socioeconomic development, fertility decline may not immediately follow. When perceived benefits of investment in novel forms of embodied capital are low, and somatic wealth and large kin networks persist as important components of fitness, fertility may remain high and increase if maternal condition improves. Am. J. Hum. Biol. 24:786–799, 2012. © 2012 Wiley Periodicals, Inc.

#### INTRODUCTION

Among many Latin American indigenous populations, market integration and socioeconomic development are associated with increases in fertility despite declines in ideal family size (IFS) (Bremner et al., 2009; Casterline and Mendoza, 2009; Hern, 1994; Kennedy and Perez, 2000; McSweeney and Arp, 2005; Perz et al., 2008; Terborgh et al., 1995; Williams, 2011). High fertility, despite smaller IFS, may impair maternal or child health and survival and can reduce women's socioeconomic status and autonomy (Casterline and Mendoza, 2009; Gipson et al., 2008; Williams, 2011). The rapid population growth associated with increasing fertility-e.g., 3-5% in many Southern Amerindian populations with population doubling times of 14-23 years (Kennedy and Perz, 2000; Perz et al., 2008)-may accelerate environmental degradation of indigenous lands (Speidel et al., 2007; Williams, 2011). This is problematic as indigenous peoples face sociopolitical discrimination, and limited land rights and prospects for upward mobility (Hall and Patrinos, 2006, McNamee, 2009; Psacharopoulos and Patrinos, 1994; Speidel et al., 2007). Increases in fertility during the first stage of demographic transition are not rare (Dyson and Murphy, 1985; Gibson and Mace, 2002; Hirschman, 1994). However, the mechanisms underlying these fertility increases have not been extensively explored. Furthermore, fertility patterns observed among subsistence-level populations—populations that have only recently been exposed to Western norms, schooling, wage labor opportunities, access to contraception or healthcare—may deviate markedly from fertility patterns observed during the demographic transition of national populations in developed and developing countries, where socioeconomic development led to marked fertility declines (Borgerhoff Mulder, 1998; Kaplan, 1996; Preston et al., 2000; Vining, 1986; Wilson and Airey, 1999).

In this article, we examine the impact of socioeconomic development on women's IFS and fertility among Tsimane forager-farmers of Bolivia. The Tsimane are a natural fertility population currently undergoing market integration. However, Tsimane villages vary in their degree of socioeconomic development. The novelty of our approach is to present a conceptual framework linking fertility goals and perceptions with behavior during the initial stages of the

Contract grant sponsor: National Science Foundation; Contract grant numbers: BCS-0136274, BCS-0422690 and BCS-1060319; Contract grant sponsor: National Institutes of Health/National Institute on Aging; Contract grant number: 1R01AG024119-01; Contract grant sponsor: UCSB Academic Senate grant and UCSB Humanities and Social Sciences Research Grant.

<sup>\*</sup>Correspondence to: Lisa McAllister, Integrative Anthropological Sciences Program, Department of Anthropology, University of California-Santa Barbara, Santa Barbara, CA 93106. E-mail: lisamcallister@umail.ucsb.edu

Received 19 February 2012; Revision received 23 July 2012; Accepted 2 August 2012

DOI 10.1002/ajhb.22316

Published online 17 September 2012 in Wiley Online Library (wiley onlinelibrary. com).

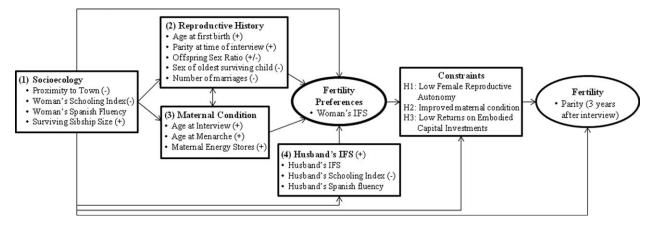


Fig. 1. Conceptual model of factors influencing women's IFS. The + and - symbols indicate the predicted direction of effect (+ = positive, - = negative).

demographic transition to small family size. We expand upon standard treatments of the demographic transition among rural indigenous populations by use of individuallevel data in ethnographic context. First, we develop a conceptual model of factors influencing women's IFS. The model posits direct and indirect affects of socioecology, women's reproductive history, maternal condition, and husband's IFS. We then test three hypotheses for why women may exceed their IFS despite experiencing early stages of demographic transition:  $(H_1)$  low female reproductive autonomy;  $(H_2)$  improved maternal condition; and  $(H_3)$  low returns on embodied capital investments for women and their children.

#### Explaining ideal family size

Women's IFS is influenced by numerous inter-related factors. Here, we examine four factors and how socioeconomic change may interact with them to affect women's IFS: (1) socioecology, (2) reproductive history, (3) maternal condition, and (4) husband's IFS. We believe these factors affect women's IFS by impacting the perceived costs and benefits of parental investment. Figure 1 depicts the relationships between these factors, IFS and fertility.

1. Socioecology: Socioecology refers to features of the physical habitat, access to food, extractive technology, and degree of market integration. Greater involvement in a skills-intensive, competitive, wage-based economy increases the importance of schooling for parents and their offspring (Kaplan, 1996; Shenk, 2009). Greater schooling and employment opportunities for women may increase women's independence and reproductive autonomy, while providing alternate "lifestyle options" beyond mothering (Borgerhoff Mulder, 2000, 2009; Cain, 1984; Caldwell, 1982; Jejeebhoy, 1995; Newson et al., 2005). These changes may encourage women to have smaller IFS, and enable them to break from cultural norms that either favor investment only in "somatic" wealth, or that measure women on the basis of their homemaker and mothering abilities.

Market integration is also associated with the breakdown of kin networks (Rosenzweig, 1988; Shenk, 2009). In many traditional societies, resource sharing within kin networks is a form of insurance against individual fluctuations in resource access (Fafchamps, 1992; Hoff and Sen, 2006). Increased reliance on private savings and the market instead of reciprocal sharing networks may lead to less externalizing of the costs of children, thereby encouraging smaller IFS. Kin networks are also pathways of influence and information dissemination (Hoff and Sen, 2006; Shenk, 2009). As kin influence declines, women's reproductive autonomy may increase, enabling women to state lower IFS (Newson et al., 2005, 2007).

2. Reproductive history: A woman's reproductive history influences her current IFS (Belsky et al., 1991; Miller and Pasta, 1995). In natural fertility populations, women who start reproducing earlier will have longer reproductive life spans (all else equal), higher fertility, and may state larger IFS. A woman's parity affects her IFS through post-rationalization bias (Bongaarts, 1990; Bushan and Hill, 1995; Kent and Larson, 1982): women may not state IFSs lower than their current parity. Offspring sex ratio and the sex of the oldest child may affect the energetic cost of reproduction and maternal workload through access to alloparents (Hrdy, 2005; Kramer, 2005). Women with more alloparents experience reduced costs of reproduction and may thus be more willing to have large families and state correspondingly larger IFS. The number of prior marriages may have mixed effects on IFS: (1) women who change partners may have greater reproductive autonomy and thus state smaller IFS (Borgerhoff Mulder, 2009); (2) women with larger IFS may be more likely to remarry so that they can achieve their IFS; or (3) divorced women may state higher IFS as leverage to attract a new husband on the mating market.

**3. Maternal condition:** Agriculture and socioeconomic development are usually associated with relatively predictable access to calorically dense foods, healthcare, and public sanitation. These affect maternal morbidity, fat stores, ovarian hormone levels, and maternal energetics (Ellison, 1990; King, 2003; Nohr et al., 2009; Osteria, 1982; Voland, 1998; Wood, 1994). All else equal women with larger energy budgets have a greater capacity to support gestation and lactation while still meeting their own somatic needs (Jasienska, 2009; Valeggia and Ellison, 2003). Women in better condition may consequently be more willing to support larger families, proxied by higher IFS.

787

4. Husband's IFS: In natural fertility populations men generally experience lower costs of investment per child compared to women, resulting in larger IFSs for men than women (Bongaarts, 2001; Borgerhoff Mulder, 2009; Dodoo et al., 1997; Mason and Taj, 1987; Terborgh et al., 1995). Moreover, completed family size is partially determined by coital frequency, over which women may have limited control (Borgerhoff Mulder, 2009). Husbands' larger IFS may lead to higher fertility than what their wives desire. and/or may encourage wives to adjust their IFS to accommodate their husbands' needs (Kulczycki, 2008; Mason and Taj, 1987; Smuts, 1992; Voas, 2003). Education and reliance on market goods may encourage both sexes to reduce IFS, thereby reducing the divergence between husbands' and wives' IFS (Cain, 1984; Mason and Taj, 1987) and enabling women to freely state smaller IFS (Cleland and Van Ginneken, 1988; Hobcraft, 1993; Jejeebhoy, 1995; Newson et al., 2007; Riley, 1997).

# Hypotheses regarding the discrepancy between ideal family size and fertility

Discrepancies between IFS and fertility have raised questions about the validity of IFS as a construct (Bongaarts, 1990). We propose that IFS is a viable representation of women's intended fertility and that the discrepancy with fertility requires explanation. Stated intentions for having additional children or for having no additional children have been shown to be reliable predictors of subsequent fertility-related behaviors (Bushan and Hill, 1995; Hagewen and Morgan, 2005; Rindfuss et al., 1988; Schoen et al., 1997, 1999; Thomson, 1997; Westoff, 1988; Westoff and Ryder, 1977). These relationships hold even after controlling for the replacement of deceased children or cultural norms of gender inequality (Bongaarts, 2001, 2002).

We investigate the empirical validity of three hypotheses to explain the discrepancy between IFS and fertility in rural indigenous populations undergoing socioeconomic transition. In the national populations of both developed and developing countries, socioeconomic development and cultural changes associated with modernization have encouraged smaller IFS (McSweeney and Arps, 2005; Terborgh et al., 1995; Westoff and Moreno, 1996; Williams, 2011). Among the Tsimane, we expect proximity to town (a proxy of socioeconomic development) to be negatively correlated with IFS in both men and women.

(H1) Female reproductive autonomy hypothesis: Women may exceed their IFS to accommodate the high fertility expectations of a spouse or kin, particularly if female reproductive autonomy is low (Borgerhoff Mulder, 2009; Dodoo et al., 1997; Jejeebhoy, 1995; Voas, 2003). Socioeconomic development may improve women's reproductive autonomy, through reducing influence of kin and increasing the economic independence of women, enabling them to achieve their desired fertility (Jejeebhoy, 1995; Newson et al., 2005). However, socioeconomic development may initially reduce women's reproductive autonomy if women's access to modern wealth, and consequently market goods and services, are controlled by their husbands (Dodoo and Seal, 1994).

Among the Tsimane, if women's reproductive autonomy is limited by their husband, we predict that fertility will show a stronger correlation with husbands' IFS than with wives' IFS (**P1.1**). With increasing proximity to town we predict lower discrepancies between women's IFS and parity (**P1.2**). An alternative prediction is that lower excess fertility (IFS—parity) may be due to lower discrepancies between husbands' and wives' IFS near town (**P1.3**) and not from increases in women's autonomy.

(H2) Improved maternal condition hypothesis: Greater access to healthcare, reduced morbidity, and other benefits associated with socioeconomic development may increase women's energy budgets, fecundity, and offspring survival (Cleland and Van Ginneken; 2001; Ellison, 1990; Osteria, 1982; Stearns, 1992; Valeggia and Ellison, 2003; Voland, 1998; Wood, 1994). In a natural fertility population such as the Tsimane, women in better condition should have higher parity (**P2.1**) and/or lower infant and child mortality than other women (**P2.2**).

Women residing near town are expected to have smaller IFS relative to their remote-dwelling peers, but higher fertility and consequently larger discrepancies between their IFS and parity (**P2.3**). However, as discussed in the previous section, women in better condition may be more willing to have large families. Among more market integrated Tsimane women, those in better condition may have larger IFS (**P2.4**); thus, even though their fertility may be higher, we predict no corresponding increase in the discrepancy between their IFS and parity (**P2.5**).

Predictions 2.1, 2.3, and 2.5 assume that women are not actively controlling their fertility. Use of modern contraceptives is rare among the Tsimane. Few women have used Depo Provera injections or oral contraceptive pills, and no women use contraception regularly. However, Tsimane do employ traditional methods to prevent fertilization, using cultivated plants such as bui'si mäbdyes a member of the Leguminosae family (Reyes, 2001). Its efficacy has not been assessed. Post-conception and post-partum control methods are also common, including selfinflicted physical damage to induce miscarriages and infanticide. Improvements in maternal condition increasing women's fecundity and offspring survival are a concern if women are unable to control their fertility. If Tsimane women lack effective methods of fertility control, women should be equally likely to have additional children, irrespective of their desired IFS (P2.6).

(H3) Low returns on embodied capital investments hypothesis: Increased fertility in rural indigenous populations may be due to incomplete market integration. Although educational and wage opportunities exist, there may still be a real or perceived lack of economic returns on investments in schooling. Additional schooling did not predict greater wage earnings in a sample of 257 Tsimane households across 13 villages, and even moderate Spanish fluency bore no association with wages (Godoy et al., 2007a). Opportunities for wage labor are limited, male biased, and most do not require formal schooling. Rural indigenous populations also face discrimination, further limiting viable employment opportunities (Perez et al., 2008). Those with novel forms of extra-somatic wealth may achieve greater social status by remaining in their villages, and using wealth to amass traditional somatic markers of success, such as larger body size and large families. Thus, despite socioeconomic development, and declines in mortality and IFS, if somatic wealth remains the most important component of status, the motivation to deliberately control fertility will be low and fertility will remain high (Kaplan, 1996). Moreover, large families are not only an indicator of wealth and status but are also important sources of social and economic support, possibly cementing their desirability (Caldwell, 1982).

Hypothesis 3 makes similar predictions about IFS and fertility outcomes as H2. The discrepancy between women's IFS and parity should be greater with increased proximity to town (P2.3). However, controlling for maternal condition, we expect to see greater discrepancies between IFS and parity closer to town (**P3.1**). Moreover, we expect Tsimane women to express opinions suggesting that somatic wealth is the main component of perceived success (**P3.2**), and that investment in schooling and greater market integration is undesirable or infeasible (**P3.3**).

### METHODOLOGY

#### Study population

The Tsimane are lowland South Amerindian foragerhorticulturalists living in the Beni Department of Bolivia. Swidden horticulture accounts for roughly two-thirds of their diet, supplemented with fishing, hunting, and gathering. The amount of consumed fat and protein varies by proximity to rivers and primary forest where hunting is still prominent (Gurven and von Rueden, 2006). Modernization is a mosaic experience, depending on access to schools, contact with non-Tsimane, and Spanish fluency, all of which are greater closer to the nearby town of San Borja (pop.  $\approx 24,000$ ). Market participation includes cash cropping of cultigens, wage labor as farmhands or loggers, and trade with merchants or missionaries. However, most wage labor opportunities are only available to men, low income, and sporadic. Residence near town is associated with greater wage-related absenteeism for men (unpublished data).

Infant mortality and total fertility rate (TFR) are high among the Tsimane [13% infant mortality rate (IMR), TFR = 9.1; Gurven et al., 2007]. Both IMR and TFR covary with distance to San Borja. IMR is  $\sim 25\%$  and TFR is 8.0 in remote forest villages, whereas IMR is 10% and TFR is 9.5 in villages near town (Gurven, in press). Mean  $\pm$  SD inter-birth interval (IBI) for women for whom accurate birth dates for their children are known is  $30.7 \pm$ 10.6 months (N = 213) with no significant variation across villages [F(3,209) = 1.194, P = 0.313]. The consistency in IBI may be due to breastfeeding practices among Tsimane women, which are relatively unaltered by market integration; breast milk has not been replaced by formula, powdered milk, or cow's milk, and most women only wean when they are pregnant again (mean  $\pm$  SD age at weaning for a subsample of 76 women was  $1.74 \pm 0.70$  years with no significant variation among villages [F(3,72) =0.988, P = 0.404].

#### Data collection

Fertility preferences and behavior of 305 Tsimane women aged 15–45 years, and 216 of their husbands, were investigated during demographic interviews by MG between 2002 and 2005. Follow-up fertility outcomes for these women were analyzed in 2008 based on censuses and interviews during medical checkups. The study sample constitutes 19% of all Tsimane women of reproductive age. Participants are from 22 villages spanning the Tsimane territory that we group into two regions: the more market integrated villages located "near town" (N = 94) and the more isolated villages "far from town" (N = 213).

Villages located far from town are further divided into "Mission" (N = 63), remote "forest" (N = 64) and "riverine" (N = 86). The Mission village is separated from the riverine sample, despite its remote riverine location, as the Catholic Redemptorist Mission has provided schooling, religious services, medical attention, trading opportunities, and greater contact with nationals and pro-natalist beliefs for over 50 years (Gurven et al., 2007). Riverine and forest villages are considered separately because, while they are both remote regions with limited access to education and healthcare, they differ in wage labor opportunities and consumption of fish versus meat, which may affect women's health status, body composition, and physiological condition (Martin et al., 2012).

Methods used to gather reproductive histories and to ascribe ages to living and dead individuals have been previously described (Gurven et al., 2007). Demographic interviews also measured IFS, schooling (highest grade completed), literacy (coded as none/moderate/good), and Spanish fluency (coded as none/moderate/fluent). IFS was queried as: "What number of children do you think is the best number of children for you to have so that you can live well? Think about your own experience, life and wishes. There are no correct or incorrect answers to this question."

Additional interviews conducted by LM focused on women's views on mate choice, parenting and social aspirations (N = 76; 59 women from a near town village and 17 from a forest village). Five questions relevant here include: (1) "Who in your village is a good (influential) woman and why?"; (2) "Who in your village is a good (influential) man and why?"; (3) "What is important to give a child so s/he can have a good life?": (4) "Who has the better life?" [Tsimane living far from town, close to town, those living in town, or non-Tsimane living in town]; and (5) "Where would you prefer to live?" [town, close to town, or far from town]. For "What is important to give a child so s/he can have a good life?" women ranked 10 skills from most to least important: traditional skills of hunting, fishing and farming; non-traditional skills of Spanish fluency, literacy, education, access to wage labor and access to San Borja; and the uncategorized skills health and influence in the community. These questions were included to better understand how status and cultural success are viewed by Tsimane, and to assess the lifestyle options that Tsimane women believe are available to them.

Body mass index (BMI) was measured using a portable stadiometer and Tanita weigh scale, and body fat percentage (based on bioelectric impedance) using the same weigh scale. These measures were taken in the same year as demographic interviews. Women pregnant at the time of interview were not included in this study; only nonpregnant weights and body fat percentages are used.

#### Data analysis

Descriptive statistics summarize IFS and TFR. Tsimane women's age and parity are strongly correlated, therefore, relationships between age, IFS and parity are assessed by partial correlations.

Table 1 summarizes key variables, measurement techniques, predicted directions, and observed effects on IFS controlling for parity, according to the schema from Figure 1. Socioecological variables include: *proximity to town*,

						Direction	tion
	Description	Predictions	Ν	β	S.E.	Exp.	Obs.
	Woman's stated IFS from demographic interviews	Declines with market integration	305	4.621	0.137		
Proximity to town	Resident village was binary coded as 1 = near town, 0 = far from town. Far from town is further divided into three regions based on geographic proximity to the Mission, and whether the village was accessible by road or river.	Women living near town will be more acculturated and have correspondingly lower IFS	305	N/A	N/A	N/A	N/A
Women's schooling index	Principle component of literacy and highest school grade	Women who are better educated and more able to communicate with Bolivian nationals will have smaller IFS	305	0.369*	0.035	I	I
Literacy Highest School Grade	Self-reported reading & writing ability Self-reported highest school grade		305	1.175	0.097	I	I
Spanish fluency	Compression Spanish linguistic skills assessed by interviewer		305	$0.580^{*}$	0.039	I	I
Surviving sibship Size	Total number of surviving maternal siblings assessed from reproductive histories	Women with more siblings have larger support networks and more alloparents and may consequently have larger IFS.	299	5.920	0.162	+	I
Calculated from women's reproductive histories	In a natural fertility population older women have higher parity and due to post-rationalization bias may have larger PFS		283	18.24	0.157	I	NS
Total number of living children assessed from reproductive histories	Due to post-rationalization bias women will enlarge their IFS to match their parity.		305	4.80	0.199	+	+
	Ratio of sons to daughters	Daughters may be a lower cost to maternal energetics and family economics (alloparents & brideprice). Also, sons are highly valued. Women with many daughters may state larger IFS to allow for new sons.	238	1.268	0.071	I	+
Sex of oldest surviving child	Sex of the oldest surviving child assessed from reproductive histories (0 = female, 1 = male)		280	$0.52^{**}$	0.030	I	NS
The total number of times a woman had been married assessed from reproductive histories	Women who remarry may have greater autonomy and be less likely to enlarge their IFS to accommodate husbands' larger IFS.		305	1.20	0.030	I	+
A woman's age at time of interview based on her year of birth	Women who have been reproducing for longer will have larger parity and due to post-rationalization bias have corresondingly higher IFS		305	29.282	0.528	+	+

Continued.	
1.	
TABLE	

Obs.	+		NS	NS		+		SN NS	I
Exp.	+		+	+		+		1 1	I
S.E.	0.059		0.246	0.473		0.245		$0.046 \\ 0.192$	0.040
β	13.420		23.005	24.995		5.520		0.656 2.193	0.996
Ν	289		223	213		216		294 294	294
Predictions						Women, dependent on their husbands' for socioeconomic support, may inflate their IFS to accommodate their husbands' larger IFS, and avoid snousal conflict	Men's IFS are influenced by their education. Better educated men have smaller IFS and encourage their wives to have smaller IFS.	)	
Description	Women who have a positive energy balance may be more willing to have large families as they can better afford the cost of reproduction.					Husband's stated IFS from demographic interviews	Principle component of literacy and highest school grade	Self-reported reading & writing ability Self-reported highest school grade completed	Spanish linguistic skills assessed by interviewer
ole	Self-reported age started menstruating	Principle component of BMI and body	BMI calculated from height & weight	Body fat percentage, from bioelectric	milleaurce.		Husband's schooling index	Literacy Highest school grade	Spanish fluency
Variat	Age at menarche	Maternal energy stores	BMI	Body fat percentage	(4) Husband's IFS	Husband's IFS	Husband's capital		
	Predictions $N$ $\beta$ S.E. Exp.	VariableDescriptionDescriptionN $\beta$ S.E.Exp.Self-reported ageWomen who have a positive energy balance started28913.4200.059+startedmay be more willing to have large families nenstruatingas they conbetter afford the cost of reported uction.28913.4200.059+	able     Description     Description     N     β     S.E.     Exp.       Self-reported age     Women who have a positive energy balance     289     13.420     0.059     +       Self-reported age     may be more willing to have large families     289     13.420     0.059     +       Principle component     as they can better afford the cost of     Principle component     281     13.420     0.059     +	able     Description     Predictions     N     β     S.E.     Exp.       Self-reported age     Women who have a positive energy balance     Sale     13.420     0.059     +       Self-reported age     may be more willing to have large families     289     13.420     0.059     +       Principle component     as they can better afford the cost of     reproduction.     223     23.005     0.246     +       Mut and body     fat percentage     223     23.005     0.246     +	able     Description     N     β     S.E.     Exp       Self-reported age     Women who have a positive energy balance started     W     β     S.E.     Exp       Self-reported age     Women who have a positive energy balance started     W     β     S.E.     Exp       Self-reported age     Women who have a positive energy balance started     W     β     13.420     0.059     +       Principle component of BMI and body fat percentage     Principle component     283     13.420     0.059     +       Principle component of BMI and body fat percentage     Principle component     233     23.005     0.246     +       Body fat percentage, from broelectric     Body fat percentage     213     24.995     0.473     +	VariableDescriptionNβS.E.ExpeSelf-reported ageWomen who have a positive energy balance28813.4200.059+eSelf-reported agemay be more willing to have large families28813.4200.059+v storesPrinciple componentas they can better afford the cost of22323.0050.246+v storesPrinciple componentMencentage0.246++d atta.BMI calculated frombeight & weight0.246++tageBody fat percentage,from bioelectric21324.9950.473+	able     Description     Predictions     N     β     S.E.     Exp.       Self-reported age may be more willing to have a positive energy balance started     Women who have a positive energy balance may be more willing to have large families     289     13.420     0.059     +       Principle component of BMI and ody fait percentage height & weight for mbiedetcric impedance.     Women who have a positive energy balance     289     13.420     0.059     +       Principle component of BMI and ody fait percentage from bioelectric impedance.     Predictions     223     23.005     0.246     +       Husband's stated IFS from demographic interviews     Women, dependent on their husbands' for socioeconomic support, may inflate their IFS on acondmodate their husbands' larger     216     5.520     0.245     +	Wariable     Description     Description     Predictions     N     β     S.E.     Exp.       e     Self-reported age started menstructing     Mone who have a positive energy balance started menstructing     Mone who have a positive energy balance as they can better afford the cost of menstructing     Mone No     9     S.E.     Exp.     Exp.       r stores     Principle component menstructing     may be more willing to have large families as they can better afford the cost of from biolectric     Mone No     233     13.420     0.059     +       ale     Principle component from biolectric     Principle component as they can better afford the cost of     233     23.005     0.246     +       ale     Husband's fat percentage, from biolectric     Mone, dependent on their husband's larger from biolectric     213     24.995     0.473     +       al     Husband's stated IFS from demographic     Women, dependent on their husband's larger from socioeconomic support, may inflate their inflerviews     216     5520     0.245     +	Wariable     Description     Predictions     N     β     S.E.     Bxp.       e     Self-reported age started menstruating     Women who have a positive energy balance started menstruating     Women who have a positive energy balance attreed     Women who have a positive energy balance     239     13.420     0.059     +       / stores     Principle component or BMI calculated from hats.     Principle component as they can better afford the cost of the portentiage     233     23.005     0.246     +       lage     BoW fit porcentage. impedance.     BoW fit porcentage. for his percentage. impedance.     Husband's stated IFS from demographic for interviews     213     24.995     0.473     +       all     Husband's schooling     Principle component of literacy and highest index     Women, dependent on their husband' for for out done and on a support, may inflate their first and word sound consult on their husband' for index     216     5.520     0.245     +       all     Husband's schooling     Principle component of literacy and highest     Monen, dependent on their husband' for index     216     5.520     0.245     +       all     Husband's schooling     Principle component of literacy and highest     Monen, dependent on their husband' for index     216     0.656     0.046     +       all     Husband's schooling     Principle component of literacy and highest     Monen, dependent on their husband

used as a proxy for degree of market integration, access to healthcare and market-derived foods, and wage labor opportunities; women's schooling index, derived using principle components analysis of highest grade completed and literacy, used as a proxy for investment in embodied capital; Spanish fluency for women and their husbands, used as a proxy for interaction with non-Tsimane Bolivians; and number of surviving siblings, a proxy for availability of social support. Reproductive history variables are dated to when women stated their IFS unless stated otherwise in Table 1. Maternal condition and husbands' IFS are dated to the year women stated their IFS. Maternal energy stores is an index derived using principle components analysis of BMI and body fat percentage. Husband's schooling index is derived using principle components analysis of highest grade completed and literacy.

To test predictions outlined in Figure 1, multiple linear regression was used with IFS as the dependent variable. Women's age, age<sup>2</sup>, proximity to town, parity and a parity-by-age interaction term were controlled for. Terms associated with significance levels < 0.10 were retained in the final model.

The three hypotheses for why fertility preferences and outcomes may differ are tested as follows:

(H1) Low female reproductive autonomy: To assess whether women or their husbands exert greater influence on fertility outcomes (P1.1), we correlate IFS discrepancy between husbands and wives with the difference in wives' parity and IFS using multiple linear regression. To assess the directionality of the relationship between proximity to town and the discrepancy between IFS and parity at interview, we use Pearson partial correlation and multiple regression (P1.2, P2.3, and P2.4). Analysis of variance (ANOVA) is used to compare the discrepancy between women's IFS and parity at interview across regions. Discrepancies between spousal IFSs by region are compared using ANOVA and paired *t*-tests (P1.3).

(H2) Improved maternal condition: To address P2.1, we assess how maternal condition varies with proximity to town and if age at menarche affects parity at interview using Pearson partial correlation. We test whether maternal energy stores predict likelihood of reproducing within three years of being interviewed using logistic regression. Whether maternal condition affects offspring mortality rate is assessed using Pearson partial correlations.

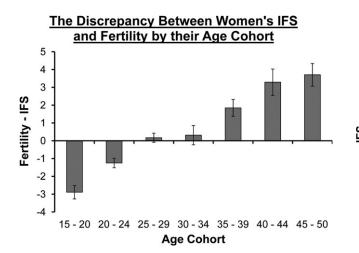
Whether women in better maternal condition are more likely to exceed their IFS (P2.3) is assessed using both logistic and linear regression. To test P2.4 and P2.5, only women in villages near town are considered and linear regression is used. We test whether women are able to control their fertility (P2.6) by considering the predictive power of women's IFS on subsequent fertility. Excluding women who were at their IFS (IFS = parity at time of interview), we divide women into two groups: "women who did not want more children" (IFS  $\leq$  parity at time of interview); and "women who wanted more children" (IFS > parity at time of interview). The relative risk of having additional children by 2008, which was at least three years post-interview for all women, was considered across these two groups and by region using Pearson chi-square.

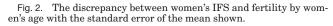
(H3) Low returns on embodied capital investments: To separate P3.1 from P2.3, we assess whether the discrepancy between IFS and parity varies with distance to town controlling for maternal energy stores using multiple linear regression. To assess the perceived importance of somatic versus human capital components to success (P3.2), and perceptions about the benefits of investing in human capital and the attractiveness of greater market integration (P3.3), LM's ethnographic interviews are used. For the open-ended questions "Who in your village is a good woman and why?" and "Who in your village is a good man and why?" we examined qualities of people named by respondents as worthy of respect and emulation. For other semi-structured questions, participants either ranked choices or selected one response from forced choice scenarios.

#### RESULTS

# Comparison between IFS and TFR among Tsimane and throughout Beni

Mean  $\pm$  SD IFS for Tsimane women is 4.62  $\pm$  2.40 children compared with a TFR of 9.1. This gap between IFS and TFR is much greater than that reported at the regional level of the Beni department in 2003, where both





mean IFS (3.2) and TFR (4.2) are lower (Demographic and Health Surveys, 2012). On average, Tsimane women reach their IFS in their late 20s/early 30s, and exceed their IFS by their mid-30s (Fig. 2).

#### Determinants of women's ideal family size

Age and age<sup>2</sup> account for 11.2% of the variation in women's IFS (P < 0.001). Controlling for age and age<sup>2</sup>, parity ( $\beta = 0.372, P < 0.001$ ) and proximity to town ( $\beta = -0.254, P < 0.001$ ) are highly significant predictors of women's IFS [F(4, 300) = 20.610, P < 0.001]. Figure 3 presents women's mean IFS by region; women living in villages near San Borja have smaller IFS than women living in riverine and forest villages or near the Mission [F(3, 301) = 6.692, P < 0.001].

Table 2 presents the relationships between additional variables and women's IFS controlling for age, age<sup>2</sup>, parity, parity-by-age and proximity to town. These variables are considered individually due to the high number of missing values for some subjects. Of the remaining socioe-cological variables women's schooling index, Spanish flu-

Women's and their Husbands' IFS by Region

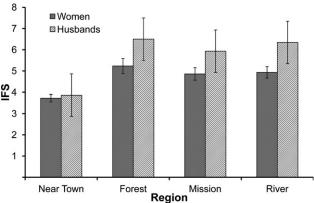


Fig. 3. Mean IFS for women and their husbands' by region with the standard deviation of the mean shown.

TABLE 2. Linear regressions of factors hypothesized to influence women's IFS, controlling for age,  $age^2$ , parity, parity-by-age and proximity to town

Variable	Standardized $\boldsymbol{\beta}$	S.E.	P-value	N	$\mathbb{R}^2$ change
(1) Socioecology					
Economic					
Woman's schooling index	-0.122	0.131	0.027	305	0.013
Women's Spanish fluency	-0.095	0.201	0.097	305	0.007
Social					
Surviving sibship	-0.122	0.044	0.020	299	0.015
(2) Reproductive history					
Age at first birth	-0.023	0.062	0.742	283	0.001
Sex ratio of offspring	0.051	0.132	0.420	238	0.002
Sex of oldest surviving child	-0.003	0.253	0.962	280	0.000
Number of marriages	0.122	0.246	0.023	305	0.013
(3) Maternal condition					
Age at menarche	0.030	0.143	0.609	289	0.001
Maternal energy stores	-0.168	0.149	0.008	213	0.027
(4) Husband's IFS					
Husband's IFS	0.261	0.046	< 0.001	216	0.049
Husband's capital					
Husband's schooling index	-0.062	0.131	0.261	294	0.003
Husband's Spanish fluency	-0.108	0.197	0.056	294	0.010

ency, and surviving sibship are significant predictors of women's IFS. Of the remaining reproductive history variables only number of marriages was a significant predictor of women's IFS. Of the remaining maternal condition variables only maternal energy stores was a significant predictor of women's IFS. Of the husbands' IFS variables husbands' IFS and husbands' Spanish fluency were significant predictors of women's IFS. Within a single regression model [ $R^2 = 0.344$ , F(11, 145) = 7.281, P < 0.001] the variables bolded in Table 2, with the aforementioned control variables, explain 34% of the variation in women's IFS. However, women's schooling index and Spanish fluency are no longer significant predictors.

## The discrepancy between women's ideal family size and fertility

(H1) Low female reproductive autonomy: There is a significant difference between husbands' and wives' IFS (t = -3.682, df = 216, P < 0.001). As presented in Figure 4, greater spousal disparity in IFS is associated with greater excess fertility for women [controlling for women's age, age<sup>2</sup> and proximity to town:  $\beta(3, 212) = 0.330, P < 0.001$ ]. Both women's IFS (Partial r = 0.238, df = 301, P < 0.001) and their husbands' IFS (Partial r = 0.309, df = 212, P < 0.001) are positively correlated with parity. However, when both partners' IFS are considered simultaneously, parity is more strongly related to women's IFS than their husbands' IFS for those living near town and the

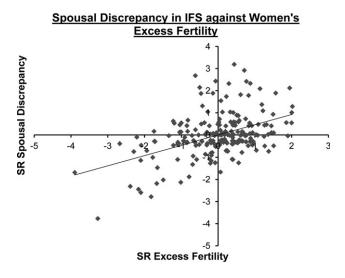


Fig. 4. Standard residuals of women's excess fertility (women's parity at time of interview—women's IFS) controlling for age and distance to town against the standardized residual of spousal disparity (husband's IFS)—wife's IFS) controlling for age and distance to town.

Mission (Table 3); this pattern is reversed for forest and riverine women. P1.1 is thus not supported in villages near town and near the Mission. Furthermore, couples in which the husband wants more children while the wife does not are no more likely to have another child than couples that agree on whether to have more children or not (logistic regression controlling for proximity to town:  $\beta = -0.422 \pm 0.370$ , P = 0.643).

Controlling for age and age<sup>2</sup>, women living near town have smaller IFS (Partial r = -0.253, df = 301, P < 0.001), but higher parity (Partial r = 0.139, df = 301, P = 0.015) and offspring survival (Partial r = 0.113, df = 301, P = 0.049). Among women aged 30–50 years—most Tsimane women exceed their IFS in their mid-30s—there is regional variation in excess fertility [F(3, 186) = 3.877, P = 0.010]. Excess fertility is greatest among women living near town ( $2.50 \pm 2.50$ ), followed by women living near the Mission ( $1.24 \pm 2.05$ ), in the forest ( $1.12 \pm 3.85$ ) and in riverine villages ( $0.70 \pm 3.51$ ). P1.2 is not supported, while P2.3 is supported.

Proximity to town is negatively correlated with IFS for both sexes. Controlling for age, age<sup>2</sup>, parity, and parityby-age the estimated marginal mean IFS  $\pm$  SE for women living near town is  $3.71 \pm 0.26$  compared with  $5.11 \pm 0.17$ for women living far from town (P < 0.001), and  $3.82 \pm$ 0.39 compared to  $6.26 \pm 0.25$ , respectively, for their husbands (P < 0.001). As presented in Figure 3, couples living near town show no significant discrepancy in spousal IFS [t (66) = -0.371, P = 0.712], however, couples living in other regions do show discrepancies (forest [t (45) = -2.745, P = 0.009], Mission [t (44) = -2.741, P = 0.009], riverine [t (57) = -2.268, P = 0.027]).

Furthermore, contrary to the prediction generated by H1, husbands also exceed their IFS. There is a significant difference between husbands' IFS and their wives' parity [F(3, 210) = 8.640, P < 0.001]. Tukey post-hoc comparisons indicate that men living near town  $(1.47 \pm 3.55)$  exceed their IFS more than men living in the forest  $(-1.57 \pm 3.62, P < 0.001)$ , near the Mission  $(-0.47 \pm 2.55, P = 0.026)$  or in riverine villages  $(-1.18 \pm 4.09, P < 0.001)$ . P1.3 is thus not supported.

(H2) Improved maternal condition: Women living in villages near town experience menarche at an average of  $10.37 \pm 1.23$  months earlier (P < 0.001). Controlling for proximity to town, for every year menarche is delayed women marry  $6.50 \pm 2.16$  months later (P < 0.001) and give birth  $5.72 \pm 2.10$  months later (P = 0.007). Consequently, parity-for-age is larger in women with earlier ages at menarche (Partial r = -0.126, df = 286, P =0.033). Furthermore, women living in villages near town have larger maternal energy stores (controlling for age,  $age^2$ , parity, and parity-by-age: Partial r = 0.121, df =206, P = 0.082). Women with larger maternal energy

TABLE 3. Regression of women's and their husband's IFS against women's parity controlling for women's age

		Women		]			
Region	Standardized $\beta$	S.E.	P-value	Standardized $\beta$	S.E.	P-value	$\mathbb{R}^2$ change
Near town	0.164	0.153	0.039	0.017	0.090	0.819	0.025
Forest	0.020	0.134	0.837	0.218	0.123	0.033	0.044
Mission	0.227	0.154	0.066	0.026	0.157	0.843	0.052
River	0.061	0.126	0.481	0.293	0.064	0.001	0.079
Total	0.069	0.065	0.126	0.140	0.043	0.002	0.028

Region	All women interviewed			Women with $IFS < parity$			Women with $IFS > parity$				Pearson Chi-square	
	No. women	No. b irths	New birth (%)	No. women	No. births	New birth (%)	No. women	No. births	New birth (%)	Relative risk	$\chi^2$	<i>P</i> -value
Near town	91	56	61.54	47	30	63.83	30	16	53.33	0.84	0.216	0.402
Forest	64	27	42.19	28	12	42.86	24	10	41.67	0.97	0.009	0.563
Mission	64	40	62.50	21	8	38.10	23	19	82.61	2.17	7.943	0.006
River	86	40	46.51	28	9	32.14	37	20	54.05	1.68	3.445	0.051
Total	305	163	53.44	124	59	47.58	114	65	57.02	1.20	2.886	0.057

TABLE 4. Risk of giving birth within three years post interview by whether women had exceeded their IFS or were below their IFS at time of interview. The Pearson Chi-Square compares women with IFS less than parity (did not want more children) and women with IFS greater than parity (wanted more children) for each region

stores trend towards being more likely to have another child within three years of the interview (logistic regression controlling for age, age<sup>2</sup>, parity, parity-by-age, and proximity to town and whether a woman wants more children: OR = 1.31, P = 0.081). P2.1 is marginally supported.

Women's age at menarche bore no relationship to offspring survival (controlling for age, age<sup>2</sup> and proximity to town: Partial r = 0.050, df = 192, P = 0.488). However, women with larger maternal energy stores at interview had experienced fewer miscarriages and stillbirths (Partial r = -0.143, df = 198, P = 0.043). P2.2 is supported.

Women with greater maternal energy stores are more likely to exceed their IFS within three years of the interview (OR = 1.63, P = 0.011, controlling for age, age<sup>2</sup>, parity, parity-by-age, and proximity to town). Maternal energy stores are also positively correlated with excess fertility (regression model [F(6, 205) = 50.455, P < 0.001] controlling for age, age<sup>2</sup>, parity, parity-by-age, and proximity to town:  $\beta$  (6,205) = 0.109, P = 0.017). P2.3 is supported.

Among women living near town, women with greater maternal energy stores have smaller IFS (regression model [F(5, 50) = 5.237, P = 0.001] controlling for age, age<sup>2</sup>, parity, and parity-by-age:  $\beta(5,50) = -0.283$ , P = 0.020). P2.4 is therefore not supported. P2.5 is also not supported: among women living near town, women with larger maternal energy stores have greater excess fertility (regression model [F(5, 50) = 25.082, P < 0.001] controlling for age, age<sup>2</sup>, parity, and parity-by-age:  $\beta(5,50) = 0.174$ , P = 0.029).

Despite the absence of effective contraceptive use, we find evidence of fertility control among the Tsimane. 51% of couples who did not want more children (N = 111) had another child within three years of the interview compared with 65% of couples who wanted more children (N = 105). Furthermore, regional comparisons of women who had exceeded their IFS with those who had not reveals that: (1) women living in riverine villages and near the Mission who want more children have a significantly greater relative risk of having another child by 2008 than women who did not want more children; while (2) near town and forest women regardless of whether they have exceeded their IFS or not experience no significant difference in risk of having another child by 2008 (Table 4).

(H3) Low returns on embodied capital investments: Controlling for the larger maternal energy stores of women living near town, age, age<sup>2</sup>, parity, and parityby-age, women living near town still have smaller IFS [estimated marginal mean IFS  $\pm$  SE of women living in villages near town is 3.78  $\pm$  0.33 compared to 5.11  $\pm$  0.20

American Journal of Human Biology

for women living far from town (P = 0.001)], but higher parity (Partial correlation r = 0.183, df = 207, P = 0.008) and lower offspring mortality (Partial correlation r =-0.113, df = 301, P = 0.049). Consequently women living in villages near town have  $1.07 \pm 0.29$  more surviving offspring than women living in villages far from town (P <0.001), and exceed their IFS by  $2.05 \pm 0.37$  children more than women living in villages far from town (P < 0.001). P3.1 is thus supported.

Supporting P3.2, there is some evidence that women continue to prefer somatic markers of success over extrasomatic markers. When asked to identify the "influential" or "model" women in their village, respondents chose women with large families. Of 79 women residing near town over age 18 at the time of interview, only 16 were identified by respondents as "influential" or "model" women, and 46% of respondents chose one of two sisters both with family sizes one greater than the mean for their age cohort. When asked why these women were chosen 81% of women listed traditional attributes (e.g., good at gathering food, good mother, and has many children) before novel attributes (e.g., educated, speaks Spanish). Furthermore, when asked to name "good men", 76% of respondents chose men whose wives' parity was greater than the mean parity of their wives' age cohorts. When asked why these men were chosen 67% of women listed traditional attributes (e.g., good hunter and farmer) before novel attributes (e.g., does a lot of wage labor, educated, speaks Spanish).

Prediction 3.3 is supported. When asked whether they thought Bolivian nationals or Tsimane living in various locales had a "better life," more women reported that Tsimane living in remote villages had a better life than Tsimane living near or in town, while nationals were believed to have relatively good lives regardless of where they lived (P < 0.005). Bolivian nationals in town were believed to have significantly better lives than Tsimane living in town (P = 0.004). Consistent with their reports about the "good" life," both forest and near town women said they would prefer to live far from town rather than in or near town (Fig. 5). Moreover, embodied capital, in the form of formal education, Spanish fluency and literacy, did not appear as salient resources to invest in children. For all women, traditional skills such as fishing, hunting, and farming were deemed most important. Two or more of these traditional skills were selected within the top three choices by 87% (N = 76) of women ( $\chi^2$  = 27.240, df = 3, P < 0.001), with 49% of women listing hunting, fishing, or farming skills as their primary selection ( $\chi^2 = 13.04$ , df = 2, P = 0.001). Education, ability to speak Spanish and literacy, if chosen, were listed after traditional skills by 64% of women,

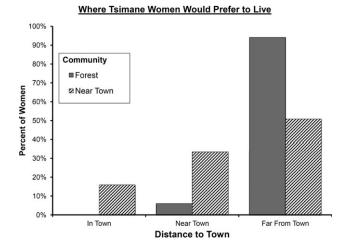


Fig. 5. Comparing where Tsimane women from a forest village (N = 17) and a near town village (N = 57) would prefer to live.

appearing as primary selection for only 29% of women. Moreover, women's schooling index and Spanish fluency had no affect on women's parity-for-age (residual of age and age<sup>2</sup> regressed on parity) when controlling for proximity to town [F(3, 301) = 0.923, P = 0.430].

#### DISCUSSION

Tsimane women have high fertility and indications among the youngest cohort are that fertility may increase further. These patterns exist even though women state preferences for lower fertility. Most Tsimane women exceed their IFS by their mid-30s and young women living near town are predicted to exceed their IFS the most. Young women living near town have the lowest IFS (<25years old =  $3.03 \pm 1.69$ ) but highest TFR (9.58) and lowest IMR (<10%); they are therefore predicted to exceed their IFS by up to six children. In contrast, women residing in the interior forest have larger IFS (<25 years old = 4.30  $\pm$  2.80), lower TFR (8.01) and higher IMR (up to 25%); they are predicted to exceed their IFS by only two children. The Tsimane's high fertility and associated 3% annual population growth is unsustainable, especially closer to town where environmental degradation and competition for land and resources with Bolivian nationals is greater. Therefore, among Tsimane women, as with many South Amerindian women, determining why IFS and fertility rarely coincide is an important question.

#### Determinants of women's ideal family size

Tsimane women's IFS is influenced by components of their socioecology, reproductive history, maternal condition, and husbands' IFS.

**1. Socioecology:** Women living in villages near town prefer smaller families than women living far from town. Near town, educational opportunities and quality of schools are greater. Education encourages a desire for reduced reproduction either directly, by highlighting economic, social, and health benefits of a smaller family, or indirectly by encouraging women to delay reproduction and invest more in their own education and that of their children (Cleland and Van Ginneken, 1988; Jejeebhoy,

1995; Leonetti et al., 2007; Newson et al., 2007; Riley, 1997). This broad association is supported here, as women with more schooling have smaller IFS after controlling for town proximity. Women near town also interact more with non-Tsimane—individuals that may be considered to have good and successful lives (Fig. 5). Tsimane women may wish to emulate non-Tsimane and adopt similar preferences for lower fertility if this is perceived to facilitate success. Women living near town may also have had more exposure to NGO-sponsored workshops on reproductive health and family planning, and family planning advice from medical professionals working in town.

Women with larger surviving sibships were expected to have larger IFS due to greater access to allocare reducing the cost of childrearing. However, among our Tsimane sample, women with larger surviving sibships have smaller IFS. Women's sibship size may affect their childhood experiences of resource access and perceptions of how difficult it is to raise a large family (Belsky et al., 1991). In future research residential proximity, closeness in age, and relationship quality should be factored in for each sibling, as these affect women's perceived access to kin support.

**2. Reproductive history:** Women's parity has the strongest positive association with IFS. Women rarely state IFS lower than their current parity, consistent with post-rationalization bias (Kent and Larson, 1982).

Women who have remarried have higher IFS. Although remarriage rates among Tsimane women are low (10%, unpublished data), a remarried woman presumably includes in her IFS her children from previous marriages and expectations for more children in a new union. Although multiple marriages may often lower fertility outcomes, as among Pimbwe women of Tanzania (Borgerhoff Mulder, 2009), compared to Tsimane women, Pimbwe women are less dependent on men for resources because of strong maternal kin support and greater integration into the market economy. Alternatively, divorcees and widows of reproductive age who are pro-natalist may be more likely to remarry.

Women's age at first birth does not affect their IFS, suggesting women do not take into account the length of their potential reproductive life span when considering their IFS. Moreover, having more "helpers at the nest" (oldest child being female or a female biased offspring sex ratio) had no significant affect on IFS. These results, coupled with the finding that larger surviving sibships were associated with smaller IFS, suggests that availability of alloparents may not influence women's IFS.

**3. Maternal condition:** Women in better maternal condition have larger IFS. Women with higher BMI and body fat percentage are likely in better health and better able to support infant growth; their better condition may increase their willingness to have larger families.

4. Husband's IFS: Husband's IFS is significantly correlated with women's IFS, suggesting assortative mating. Assortative mating among the Tsimane has been shown for some personality traits (Godoy et al., 2008), and work effort independent of parity (Gurven et al., 2009). Alternatively, Tsimane women may have low reproductive autonomy and adjust their IFS to match their husbands' IFS. Whether Tsimane women have low reproductive autonomy is discussed below.

Women with Spanish-speaking husbands have lower IFS. Men more fluent in Spanish may be less traditional and allow their wives more autonomy. Also, men more fluent in Spanish are more likely to engage in wage labor, which is associated with paternal disinvestment (e.g., extra-marital affairs) (Stieglitz et al., 2011). Paternal disinvestment may encourage women to reduce their IFS. Factors that predict men's IFS will be analyzed in a forthcoming article.

# The discrepancy between women's ideal family size and fertility: evaluating the three hypotheses

(H1) Low female reproductive autonomy: Hypothesis 1 is not supported. Parity for women living in villages near town is more strongly correlated with wives' IFS than with husbands' IFS (P1.1, see Table 3). Furthermore, couples in which the husband wants more children but the wife does not are no more likely to have another child within three years of interview than couples in accordance. However, Tsimane women are more likely to exceed their IFS as the discrepancy between their IFS and their husbands' IFS increases, suggesting low reproductive autonomy for some Tsimane women.

Excess fertility is greatest in women living near town (P1.2 is not supported while P2.3 is supported). However, near town spousal disparity does not explain variation in extent of excess fertility above women's IFS (P1.3). Moreover, women and their husbands have smaller and more similar IFS near town. Therefore, while low female autonomy and husbands' larger IFS may explain why women living away from town exceed their IFS, they do not explain excess fertility among couples living near town.

(H2) Improved maternal condition: Hypothesis 2 is weakly supported. Women in better condition have higher parity (P2.1), are more likely to have another child within three years of the interview (P2.1) and have fewer miscarriages and stillbirths (P2.2). However, women in better condition have smaller IFS and thus exceed their IFS more than women in poorer condition (P2.3).

Women living in villages near town are in better condition than their remote-dwelling peers. However, in contrast to P2.4 and P2.5, among women living near town, those in better condition have the smallest IFS and greatest excess fertility. Education, interactions with non-Tsimane, and other factors associated with proximity to town, may outweigh the affect of maternal condition on IFS.

Although infanticide is increasingly condemned among educated Tsimane, women have numerous sanctioned pre-conception and post-conception methods of fertility control. "A woman can take care of herself, she can get an injection. She can drink herbal concoctions to not have children...and her husband knows" (woman living near town). Women living near town have easier access to modern contraceptives as well. One might therefore expect Tsimane women living near town to have lower fertility, despite their improved condition. However, women near town show no evidence of effective fertility control (P2.6), while women living near the Mission and in riverine villages showed significant control over their fertility. The greater fertility control of women living in riverine villages and near the Mission may be due to better access to herbal methods of fertility control: "Women (in villages) near town... they have forgotten about the plants of the forest and their mothers do not teach them. And, near

American Journal of Human Biology

town you have to grow the plants in your house garden if you want them, the forest is too used [exploited for agriculture and logging] to find the plants easily. So, they cannot help but have many babies" (woman living in a riverine village). Despite potentially greater fertility control farther from town, women and their husbands in these regions still exceed their IFS. The historic demographic transitions in Europe began before the advent of modern contraceptives (Preston et al., 2000). So while access to modern contraceptives may assist women in reducing fertility, access per se may not be fundamental to the process. Family planning programs that focus on improving access to modern contraceptives may thus be less effective than those focusing on truly reducing IFS first, e.g., those that increase perceived benefits of investment in human capital (Bledsoe et al., 1998; Pritchett, 1994; Schultz, 1969).

(H3) Low returns on embodied capital investments: Hypothesis 3 is supported. The larger discrepancy between IFS and fertility in women living in villages near town holds even after controlling for maternal condition (P3.1). Interviews suggest that Tsimane women: (1) recognize that small families are easier to manage, but, as success and security are still defined in terms of family and social connections, the predilection to have large families persists, even amongst those living under more modern conditions (P3.2); (2) Tsimane women still believe their children need traditional skills more than education or Spanish fluency, suggesting that the desire to invest heavily in these non-traditional forms of human capital for themselves or their children may still be low (P3.3); and (3) Tsimane women believe that life in town, where nontraditional human capital and life ways are important, is not ideal, and is also unavailable, and express a preference for more traditional life ways (P3.3). However, Tsimane women do rate non-Tsimane as having the better life and perhaps wish to emulate those lives. This may help explain smaller stated IFS near town despite the continued belief that large families are important for success.

A few quotes from female participants living near San Borja lend additional support for H3. The value of children in terms of household economics and desirability is a salient theme: "Large family is good so children can work for the family, daughters can help make chicha and sons can hunt and fish" (16 year old woman). As is the difficulty of life in San Borja for Tsimane: "Napos [non-Tsimane] do not like Tsimane in San Borja and the work is hard. San Borja is expensive and [Tsimane] make little money..." (adult woman). Tsimane do emphasize the value of learning Spanish, but not of formal education: "It's important that sons and daughters can speak Spanish... so they can sell [agricultural products] to Napos. If you cannot speak Spanish the Napos cheat you..." (adult woman); and wage labor is acknowledged as a male domain: "Women who work [for money], they are not respected, they are not good mothers...good Tsimane women look after children and clean the house." (adult woman).

As of yet lives outside of the Tsimane territory are not feasible options for the Tsimane, who like many other indigenous populations, face discrimination and have cultural norms and egalitarian traditions regarding resource distribution that limit the accumulation of individual wealth and private security (Hern, 1994; Jackson, 1975; Lu, 2007; McSweeney and Arps, 2005; Ribeiro, 1967; Terborgh et al., 1995). Hypergyny is uncommon and outmigration is only 7.1% of the population (Godoy et al.,

2007b). Therefore, the Tsimane continue to live fairly traditional lives, and continue to measure success predominantly in terms of somatic wealth, i.e., physical size and family size. However, for Tsimane men, non-traditional and novel skills increasingly beget community leadership, although influence, prestige and reproductive success are still highly correlated with traditional skills (von Rueden, 2008). Greater access to market goods and services, and improvements in maternal condition enable women to increase their fertility, potentially increasing their status within their village. Tsimane who have pursued interests in education, wage labor, and the local market economy may soon be at a crossroads: move to town and enter at the lowest rung of an aggressive economy, or stay within their traditional territory, have many children and be considered highly successful.

This article has begun to address why natural fertility populations do not follow the standard path to low fertility in the early stages of demographic transition. Pre-transition increases in fertility have been extensively documented (e.g. Dyson and Murphy, 1985; Hirschman, 1994) but rarely explored in depth. We propose that it is the continued preference for somatic markers of success, and the lack of perceived and actual returns on investments in schooling that contribute to a desire for high fertility. A similar pattern has been documented among the Arsi Oromo of Ethiopia undergoing development initiatives but increased fertility (Gibson and Mace, 2002, 2006). This implicit desire for high fertility, coupled with higher fecundity due to improved maternal condition, may explain Tsimane high fertility and rapid population growth. Modernization may not improve Tsimane women's long-term nutritional and health status if extra energy is used to invest in more offspring. Moreover, while effective birth control options now exist, they may be inaccessible for many, and the desire to obtain them remains weak. Therefore, women may increase their social status by continuing to invest in high fertility.

The prospect for future demographic change in the Tsimane is uncertain. Tsimane children today receive more education than their parents did, and the gender inequality in educational attainment has decreased substantially. For example, Tsimane girls and boys aged 10–19 now have an average of 3.2 and 3.5 years of schooling, respectively, compared with 0.4 and 1.3 years of schooling among women and men aged 40+. However, the quality of Tsimane schools remains low compared to schools in San Borja and higher education is too expensive for most Tsimane to attend. Moreover, the benefits of a good education continue to be low as employment opportunities are predominantly low wage, short term, male biased, and require limited schooling.

Our model attempts to explain women's reproductive decision making by focusing not only on schooling and wealth but also on beliefs about current and future conditions, social support, and pressure from spouses. Future studies would benefit from gathering explicit data on fertility preferences and variation in spousal discrepancy in IFS, and qualitative data on perceptions and beliefs pertaining to why women in high fertility populations may exceed their IFS. There is a great need for broader studies that focus on multiple factors and for attention placed particularly on the discrepancy between fertility preferences and outcomes among high fertility indigenous populations in developing countries. Gaining a better understanding of how women internalize and integrate traditional ideas from respected peers, novel ideas about reproductive technologies, expectations of future conditions and social support, and the value placed on investments in human capital is critical to best understand how the pace of fertility will change in the near future. It is also important to investigate mechanisms for reducing fertility without use of contraceptives, as these methods may have greater efficacy with marginalized indigenous populations.

#### ACKNOWLEDGMENT

The authors thank the Tsimane and the *Gran Consejo Tsimane* for their patience, collaboration, and hospitality. They are especially grateful to many Tsimane assistants and Bolivian nationals who helped facilitate research in Bolivia during the period of data collection 2002–2008, such as Benigna Mayer Maito, Matilde Maito Tayo, Ramon Vie Tayo, Alberto Maito Tayo, Feliciano Cayuba Claros, Maguin Gutierrez, Benito Tayo and Fredi Nate, and Jorge Añez Claros. They also thank Victoria Schlegel for her help coding the demographic data, and Christopher von Rueden, Melanie Martin, Aaron Blackwell, and Anne Pisor for their advice and support throughout the preparation of this article.

### LITERATURE CITED

- Belsky J, Steinberg L, Draper P. 1991. Childhood experience, interpersonal development, and reproductive strategy: an evolutionary theory of socialization. Child Dev 62:647–670.
- Bledsoe C, Banja F, Hill A. 1998. Reproductive mishaps and Western contraception: an African challenge to fertility theory. Popul Dev Rev 24:15–57.
- Bongaarts J. 1990. The measurement of wanted fertility. Popul Dev Rev 16:487–506.
- Bongaarts J. 2001. Fertility and reproductive preferences in post-transitional societies. Popul Dev Rev 27:260–281.
- Bongaarts J. 2002. The end of the fertility transition in the developed world. Popul Dev Rev 28:419-443.
- Borgerhoff Mulder M. 1998. The demographic transition: are we any closer to an evolutionary explanation? Trends Ecol Evol 13:266–270.
- Borgerhoff Mulder M. 2000. Optimizing offspring: the quantity-quality tradeoff in agropastoral Kipsigis. Evol Human Behav 21:391-410.
- Borgerhoff Mulder M. 2009. Tradeoffs and sexual conflict over women's fertility preferences in Mpimbwe. Am J Hum Biol 21:478–487.
- Bremner J, Bilsborrow R, Feldacker C, Lu Holt F. 2009. Fertility beyond the Frontier: Indigenous women, fertility, and reproductive practices in the ecuadorian amazon. Popul Environ 30:93–11.
- Bushan I, Hill K. 1995. The measurements and interpretation of desired fertility. Johns Hopkins Population Center. Department of Population Dynamics, Johns Hopkins University: New York.
- Cain M. 1984. Women's status and fertility in developing countries: son preference and economic security. Washington DC: World Bank.
- Caldwell J. 1982. Theory of fertility decline. New York: Academic.
- Casterline JB, Mendoza JA. 2009. Unwanted fertility in Latin America: historical trends, recent patterns, paper presented at the annual meeting of the Population Association of America. Detroit, Michigan.
- Cleland JG, Van Ginneken JK. 1988. Maternal education and child survival in developing countries: the search for pathways of influence. Soc Sci Med 27:1357–68.
- Cleland JG. 2001. The effects of improved survival on fertility: a reassessment. Popul Dev Rev 27:60–92.
- Demographic and Health Surveys. 2012. Available at: http://www.measuredhs.com, Retrieved July 11, 2012.
- Dodoo FN, Seal A. 1994. Explaining spousal differences in reproductive preferences: a gender inequality approach. Popul Environ 15:379–394.
- Dodoo FN, Luo Y, Panayotova E. 1997. Do male reproductive preferences really point to a need to refocus fertility policy? Popul Res Policy Rev 16:447–455.
- Dyson T, Murphy M. 1985. The onset of fertility transition. Popul Dev Rev 11:399-440.
- Ellison P. 1990. Human ovarian function and reproductive ecology: new hypotheses. Am Anthropol 92, 933–952.
- Fatchamps M. 1991. Solidarity networks in pre-industrial societies: rational peasants in a moral economy. Econ Dev Cult Chang 41: 147-174.

- Gibson MA, Mace R. 2002. Labor-saving technology and fertility increase in rural Africa. Curr Anthropol 43:631–637.
- Gibson MA, Mace R. 2006. An energy-saving development initiative increases birth rate and childhood malnutrition in rural Ethiopia. PLoS Med 3:476-484.
- Gipson JD, Koenig MZ, Hindin M. 2008. The effects of unintended pregnancy on health outcomes: a review of the literature. Stud Fam Plann 39:18–38.
- Godoy R, Reyes-García V, Seyfried C, Huanca T, Leonard WR, McDade T, Tanner S, Vadez V. 2007a. Language skills and earnings: evidence from a pre-industrial economy in the Bolivian Amazon. Econ Educ Rev 26:349–360.
- Godoy R, Reyes-García V, Huanca T, Tanner S, Seyfried C. 2007b. On the Measure of income and the economic unimportance of social capital: evidence from a native Amazonian society of farmers and foragers. J Anthropol Res 63:239–260.
- Godoy R, Eisenberg DTA, Reyes-García V, Huanca T, Leonard WR, McDade TW, Tanner S. 2008. Assortative mating and offspring wellbeing: theory and empirical findings from a native Amazonian society in Bolivia. Evol Hum Behav 29:201–210.
- Gurven M, von Rueden C. 2006. Hunting, social status and biological fitness. Soc Biol 53:81–99.
- Gurven M, Kaplan H, Zelada Supa A. 2007. Mortality experience of Tsimane Southern Amerindians: regional variation and temporal trends. Am J Hum Biol 19:376–398.
- Gurven M. Winking J. Kaplan H. von Rueden C, McAllister L. 2009. A Bioeconomic approach to marriage and the sexual division of labor. Hum Nat 20:151–183.
- Gurven M. Infant and fetal mortality among a high fertility and mortality population in the Bolivian Amazon. Soc Sci Med (in press).
- Hagewen J, Morgan S. 2005. Intended and ideal family size in the United States, 1970–2002. Popul Dev Rev 31:507–527.
- Hall G, Patrinos HA. 2006. Indigenous people, poverty and human development in latin America: 1994–2004. New York: Palgrave Macmillan.
- Heer DM. 1983. Infant and child mortality and the demand for children. In: Bulatao RA, Lee RD, editors. Determinants of fertility in developing countries, Vol. 1. New York: Academic Press. p 369–387.
- Hern W. 1994. Health and demography of native Amazonians: historical perspective and current status. In: Roosevelt A, editor. Amazonian Indians from Prehistory to Present Tucson, AZ: University of Arizona Press. p 123–150.
- Hirschman C. 1994. Why fertility changes. Annu Rev Sociol 20:203-233.
- Hobcraft J. 1993. Women's education, child welfare and child survival: a review of the evidence. Health Transit Rev 3:159-175.
- Hoff K, Sen A. 2006. The kin system as a poverty trap? In: Bowles S, Durlauf SN, Hoff K, editors. Poverty traps. New Jersey: Princeton University Press. p 95–115.
- Hrdy S. 2005. Comes the child before the man: how cooperative breeding and prolonged post-weaning dependence shaped human potentials. In: Hewlett B, Lamb M, editors. Hunter-gatherer childhoods. Somerset, NJ: Piscataway. p 65–91.
- Jasienska G. 2009. Reproduction and lifespan: trade-offs, overall energy budgets, intergenerational costs, and costs neglected by research. Am J Hum Biol 21:524–532
- Jejeebhoy SJ. 1995. Women's education, autonomy, and reproductive behaviour. New York: Oxford University Press.
- Kaplan H. 1996. A theory of fertility and parental investment in traditional and modern human societies. Am J Phys Anthropol 101:91–135.
- Kennedy DP, Perz SG. 2000. Who are Brazil's indigenous? Contributions of census data analysis to anthropological demography of indigenous populations. Hum Org 59:311–324.
- Kent M, Larson A. 1982.Family size preferences: evidence from the World Fertility Surveys, Vol. 4. Washington DC: Population Reference Bureau.
- King JC. 2003. The risk of maternal nutritional depletion and poor outcomes increases in early or closely spaced pregnancies. J Nutr 133:1732S-1736.
- Kramer KL. 2005. Children's help and the pace of reproduction: cooperative breeding in humans. Evol Anthropol 14:224–237.
- Kulczycki A. 2008. Husband-wife agreement, power relations and contraceptive use in Turkey. Int Fam Plan Perspectives 34:127-137.
- Leonetti D, Nath D, Hemam N. 2007. The behavioral ecology of family planning. Hum Nat 18:225-241.
- Lu F. 2007. Integration into the market among indigenous peoples: a crosscultural perspective from the Ecuadorian Amazon. Curr Anthropol 48:593-602.
- Martin MA, Lassek WD, Gaulin SJC, Evans RW, Woo JC, Geraghty SR, Davidson BS, Morrow AL, Kaplan HS, Gurven MD. 2012. Fatty acid composition in the mature milk of Bolivian forager-horticulturalists: controlled comparisons with a U.S. sample. Mat Child Nutr 8:404–418.
- Mason K, Taj A. 1987. Differences between women's and men's reproductive goals in developing countries. Popul Dev Rev 13:611–638.

- McNamee CB. 2009. Wanted and unwanted fertility in Bolivia: does ethnicity matter? Int Perspect Sex Reprod Health 35:166–175.
  McSweeney K, Arps S. 2005. A "demographic turnaround": the rapid
- McSweeney K, Arps S. 2005. A "demographic turnaround": the rapid growth of the indigenous populations in lowland Latin America. Lat Am Res Rev 40:3–29.
- Melgar T. 2009. Detrás del cristal con que se mira: mujeres Tsimane, órdenes normativos e interlegalidad, Bolivia: Gran Consejo Tsimane y Centro de Investigación y Documentación para el Desarrollo del Beni.
- Miller W, Pasta D. 1995. How does childbearing affect fertility motivations and desires? Soc Biol 42:185–198.
- Newson L, Postmes T, Lea S, Webley P. 2005. Why are modern families small? Toward an evolutionary and cultural explanation for the demographic transition. Pers Soc Psychol Rev 9:360–375.
- Newson L, Postmes T, Lea S, Webley P, Richerson P, Mcelreath R. 2007. Influences on communication about reproduction: the cultural evolution of low fertility. Evol Hum Behav 28:199–210.
- Nohr E, Vaeth M, Rasmussen S, Ramalau-Hansen C, Olsen J. 2009. Waiting time to pregnancy according to maternal birthweight and prepregnancy BMI. Hum Reprod 24:226–232.
- Osteria TS. 1982. Maternal nutrition, infant health, and subsequent fertility. Philipp. J Nutr 35:106–111.
- Palmore JA, Concepcion MB. 1981. Desired family size and contraceptive use: an 11-country comparison. Int Fam Plan Perspec 7:37-40.
- Perz SG, Warren J, Kennedy D. 2008. Contributions of racial-ethnic reclassification and demographic processes to indigenous population resurgence: the case of Brazil. Lat Am Res Rev 43:7–33
- Preston S, Heuveline P, Guillot M. 2000. Demography: measuring and modeling population processes. New York: Wiley-Blackwell.
- Pritchett LH. 1994. Desired fertility and the impact of population policies. Popul Dev Rev 20:1–55.
- Psacharopoulos G, Patrinos HA. 1994. Indigenous people and poverty in Latin America: an empirical analysis. Washington, DC: The World Bank.
- Reyes V. 2001. Indigenous people, ethnobotanical knowledge, and market economy. A case Study of the Tsimane' Southern Amerindians in Lowland Bolivia, Ph. D. Dissertation, FL: University of Florida.
- Ribeiro D. 1967. Indigenous cultures and languages of Brazil. In: Hopper J, editor. Indians of Brazil in the Twentieth Century. Washington DC: Institute for Cross-Cultural Research. p 77–167.
- Riley NE. 1997. Gender, power, and population change. Popul Bull 52:1-48.
- Rindfuss R, Morgan S, Swicegood G. 1988. First births in America: changes in the timing of parenthood, Berkeley: University of California Press.
- Rosenzweig MR. 1988. Labor markets in low income countries, In: Hollis C, Srinivasan TN, editors. Handbook of development economics, Vol. 1. Amsterdam: North Holland Press. p 713–762.
- Schoen R, Young K, Nathanson CA, Fields JM, Astone NM. 1997. Why do americans want children? Popul Dev Rev 23:333–358.
- Schoen R, Astone NM, Young K, Nathanson CA, Fields JM. 1999. Do fertility intentions affect fertility behavior? J Marriage Fam 61:790–799.
- Schultz PT. 1969. An economic model of family planning and fertility. J Polit Econ 77:153–180.
- Scrimshaw SCM. 1978. Infant mortality and behavior in the regulation of family size. Popul Dev Rev 4:383–403.
- Shenk MK. 2009. Testing three evolutionary models of the demographic transition: patterns of fertility and age at marriage in urban South India. Am J Hum Biol 21:501–511.
- Smuts B. 1992. Male Aggression against women: an evolutionary perspective. Hum Nat 3:1–44.
- Speidel JJ, Weiss DC, Ethelston SA, Gilbert SM. 2007. Family planning and reproductive health: the link to environmental preservation. Popul Environ 28:247–258.
- Stearns S. 1992. The evolution of life histories. New York: Oxford University Press.
- Stieglitz J, Kaplan H, Gurven M, Winking J, Vie Tayo B. 2011. Spousal violence and paternal disinvestment among Tsimane forage-horticulturists. Am J Hum Biol 23:455–457.
- Terborgh A, Rosen J, Santiso Galvez R, Terceros W, Bertrand JT, Bull SE. 1995. Family planning among indigenous populations in Latin America. Int Fam Plan Perspec 21:143–149.
- Thomson E. 1997. Couple childbearing desires, intentions, and births. Demography 34:343–354.
- United Nations. 1987. Fertility behaviour in the context of development: evidence from the World Fertility Survey. New York: United Nations.
- Valeggia C, Ellison P. 2003. Energetics, fecundity, and human life history. In: Rodgers JL, Kohler H, editors. The biodemogrpahy of human reproduction and fertility, MA: Kluwer Academic Publishers. p 87–104.
- Vining D. 1986. Social versus reproductive success: the central theoretical problem of human sociobiology. Behav Brain Sci 9:167–260.
- Voas D. 2003. Conflicting preferences: a reason fertility tends to be too high or too low. Popul Dev Rev 29:627–646.

- Voland E. 1998. Evolutionary ecology of human reproduction. Annu Rev

tors. The fertility transition in Latin America, Oxford: Clarendon Press.

- williams JN. 2011. Human population and the hotspots revisited: a 2010 assessment. In: Zachos FE, Habel JC, editors. Biodiversity hotspots: distribution and protection of conservation priority areas. Berlin Heidel
  - berg: Springer. p 61–81.
    Wilson C, Airey P. 1999. How can a homeostatic perspective enhance demographic transition theory? Popul Stud 53:117–128.
  - Wood JW. 1994. Maternal nutrition and reproduction: why demographers and physiologists disagree about a fundamental relationship. Ann NY Acad Sci 709:101-16.
- Anthropol 27:347–374. Von Rueden C.Gurven M.Kaplan H. 2008. The multiple dimension of male social status in an Amazonian society. Evol Hum Behav 29:402–415.
- Westoff CF, Ryder NB. 1977. The predictive validity of reproductive inten-

Westoff CF, Moreno L. 1996. Reproductive intentions and fertility in Latin America. In: Guzmán JM, Singh S, Rodríguez G, Pantalides EA, edi-

Fam Plan Perspec 14:45-53.

tions. Demography 14:431-453. Westoff CF, 1988. The potential demand for family planning: a new mea-sure of unmet need and estimates for five Latin American countries. Int

799